

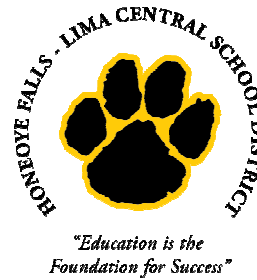
# **HONEOYE FALLS-LIMA**

## **Central School District**

### **Community Programs & Aquatics Department**

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## **Honeoye Falls – Lima *Cougar Care* Before and After School Care Program Discipline Guidelines**

Discipline provides an opportunity to aid a child in developing self-control. Below are the discipline guidelines regarding the children in *Cougar Care*.

The staff will use acceptable techniques and approaches to help the child solve problems. These techniques include:

- Redirecting a child to an alternate activity
- Rewarding acceptable behavior
- Encouraging the child to communicate his/her feelings
- Providing an example for children by speaking and interacting with them in a positive manner.

If a child needs to be separated from the group, a “time out” period will be initiated. The time limit for this is usually three to five minutes in duration, depending on the situation and the child’s age. During this period, the child must be in the supervision of a staff member. The reason(s) for the child being separated from the group will be explained to the child in a calm, productive manner. Repeated need for “time outs” will be communicated to parents.